

Services

- \*Teen Life Coaching
- \*Basic Ho'oponopono Instruction
- \*Retreats
- \*Women's Wellness Coaching
- \*Group Meditation



**FYI for Parents/Guardian Regarding Teen Life Coaching**

**Dear Parent (s)/Guardian:**

**Dharma Healing & Wellness, LLC** would first and foremost like to thank you for putting your trust in us as we move forward with working with your child/children. It our deepest pleasure to be of service to you and for you as we begin getting to know and work with your child: Mr. or Miss (please circle one)

\_\_\_\_\_

.....(***Please Print Name Above***).....

beginning on \_\_\_\_\_(Month)\_\_\_\_\_ (Day)\_\_\_\_\_ (Year).

In regards to working with children or any individuals who have developed habits over an extensive period of time we feel it is important to express that changing behavioral patterns can take time. As habitual behaviors have not developed over night please understand and accept that they do not change overnight. There is a process when working with children and relationship building is of high importance within this process. Please be and remain certain that change first has to happen on a mental level before the actions can follow. If there are no signs of a behavioral shift in the beginning phases of the coaching process please do not abruptly remove your child under the assumption that there are no changes occurring. This can alter the progression of your child’s possible transformation.

Some children get things early on while some others may take up to a year depending on certain factors. Factors that may slow progress can include but not limited to: Parental Cognitions, Support Systems, Negative Peer Influences, and Maturity. While some of these issues can be addressed by the Life Coach some of them will need to be addressed by the parent. *Parental Life Coaching* could benefit you as the caregiver and help your child transform at a quicker rate. If PLC is of interest to you please let the Life Coach know as this may be offered to you at a discounted rate.

Remember the quote “it takes a village to raise children”? Let this be the second stage of that statement, as you the parent are the first. Together we can move your child from their point A to point Z. The chances of your child improving in all aspects of life increases with the assistance of positive, experienced, role-models as we provide you with here at Dharma Healing & Wellness.

We look forward to working with you and your child as we take this journey. Any questions please feel free to contact *Stephanie L. Lee/Owner, Life Coach at:*

Phone: 216.712.1099

Email: [dharmahealingandwellness@gmail.com](mailto:dharmahealingandwellness@gmail.com)

Website: [www.dharmahw.com](http://www.dharmahw.com)

Parent/Guardian (Please Print) \_\_\_\_\_

Parents/Guardian (Signature) \_\_\_\_\_

Date: \_\_\_\_\_

Child Name (Please Print) \_\_\_\_\_

Life Coach (Please Print) \_\_\_\_\_

Life Coach (Signature) \_\_\_\_\_

Date: \_\_\_\_\_